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Refer to guidance notes for completion of each section of the specification.

<b>Module Code:</b>	ANM419
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<b>Module Title:</b>	Your Horse, The Happy Athlete
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<b>Level:</b>	4	<b>Credit Value:</b>	20
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<b>Cost Centre(s):</b>	GAAN	<b>JACS3 code:</b>	D422
		<b>HECoS code:</b>	

<b>Faculty</b>	Social & Life Sciences	<b>Module Leader:</b>	Tamsin Young
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Scheduled learning and teaching hours	36 hrs
Placement tutor support	0hrs
Supervised learning eg practical classes, workshops	18 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total contact hours</b>	<b>36 hrs</b>
Placement / work based learning	
Guided independent study	164 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>Programme(s) in which to be offered (not including exit awards)</b>	Core	Option
Stand-alone short course	<input type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
N/A

<b>Office use only</b>	
Initial approval: 28/11/2019	Version no: 1
With effect from: 01/04/2020	
Date and details of revision:	Version no:

**Module Aims**

- 1) *To establish an understanding of the structure of the horse's body*
- 2) *To investigate a variety of therapies and their uses*
- 3) *To introduce methods of working the horse to maintain soundness and longevity*

**Module Learning Outcomes - at the end of this module, students will be able to**

1	Identify good and bad points of conformation of the horse and understand their implications
2	Explain the methods and uses of a variety of physical therapies for the working horse
3	Develop practical skills in working horses from the ground

<b>Employability Skills The Wrexham Glyndŵr Graduate</b>	<b>I = included in module content A = included in module assessment N/A = not applicable</b>
<i>Guidance: complete the matrix to indicate which of the following are included in the module content and/or assessment in alignment with the matrix provided in the programme specification.</i>	
<b>CORE ATTRIBUTES</b>	
Engaged	I
Creative	I
Enterprising	n/a
Ethical	I
<b>KEY ATTITUDES</b>	
Commitment	I
Curiosity	I
Resilient	I
Confidence	I
Adaptability	I, A
<b>PRACTICAL SKILLSETS</b>	
Digital fluency	A
Organisation	I, A
Leadership and team working	I
Critical thinking	I, A
Emotional intelligence	I, A
Communication	I, A
<b>Derogations</b>	

N/A

### Assessment:

Indicative Assessment Tasks:

*Guidance: please ensure you add indicative word count and durations within the narrative body of this section*

**Case Study** – students will focus on a chosen horse and evaluate its conformation in relation to expected performance. They will then document any performance related problems experienced by the horse or likely to be experienced, and explain physical therapies and their uses suitable for the horse that aim to restore soundness and performance.

**Practical assessment** - Students will demonstrate methods of working horses from the ground and basic massage techniques. They will show due respect for the health and safety of themselves and the horses being used . Students will explain the reasons for choice of equipment and its fit, and will explain the benefits of the methods demonstrated.

Assessment number	Learning Outcomes to be met	Type of assessment	Word Count	Weighting (%)
1	1 & 2	Case Study	2000	60
2	3	Practical (duration 1 hour)	N/A	40

### Learning and Teaching Strategies:

The module will include a range of learning and teaching techniques including lectures, practical sessions and independent study.

Use will be made of case study materials and specialist demonstrations.

### Syllabus outline:

- The importance of good equine management and links with soundness and performance
- Points of the horse, anatomical markers and key terms
- Equine conformation and movement
- Conformation assessment and performance of the horse
- Physical therapies (including massage, physiotherapy, chiropractic techniques, osteopathy, laser, hot and cold, acupuncture)
- Exercising horses from the ground (including in-hand work, lungeing, long-reining, pole work, water therapy)
- The relationship between horse and rider, effects of saddle and bridle fit, biting, rider fitness and position

## Indicative Bibliography:

### Essential reading

Higgins, G. (2012) *How your horse moves*. London: David Charles & Publishers  
Lilley, C. (2015) *Lungeing, Long-Reining and In-hand Schooling*. London: J.A. Allen.  
Palmer, S. (2017) *Horse massage for horse owners*. Wiltshire: The Crowood Press.  
Williams, G. (2014) *Horse movement*. London: J.A. Allen.

### Other indicative reading

Bromiley, M. (2009) *Natural Methods for Equine Health and Performance*. Chichester: Blackwell Publishing.  
Bromiley, M. (2002) *Massage techniques for horse and rider*. Wiltshire: The Crowood Press.  
Higgins, G. (2012) *Horse anatomy for performance*. London: David Charles & Publishers  
Hourdebaigt, J (1997) *Equine Massage*. New York: Hungry Minds Inc

**Reference will be made to contemporary research articles and other resources such as:**

- Journal of Equine Veterinary Science
- Equine Veterinary Journal
- Physiology and Behaviour